

One of the things I quite enjoy is to head out for an early morning run. – often just from the house to the end of the East Pier and back. Prior to setting out there are those moments of indecision as I look out from the window – do I go out or do I stay in the warm and listen to the radio. As I get to the start of the pier – do I go onto the pier or just call it a day and head home. There is nothing earth shattering or life changing about these moments of indecision. Our Gospel reading, telling as it does of the temptations of Jesus in the wilderness, set me thinking about those more fundamental moments of indecision that we all face in life, the experience of temptation.

I just want to think about temptation and our experience of it, how we deal with it, in the context of our Christian faith and discipleship. Does this mean that we descend into a mire of inadequacy, failure and guilt? For I often think that for a community that has at its heart a message of forgiveness and redemption we do guilt very well.

First of all temptation is a very personal experience. It impinges on me as an individual not a community. It is a consequence of free will – I am a free moral agent, with responsibility for my own decisions. As I contemplate the choices before me, I experience as an inner tension within myself, as I am torn between different options available to me, between right and wrong, between black and white, or sometimes between different shades of grey.

Where is that battle fought and with whom is it fought? That lovely practical letter of James has a lovely insight into this whole issue (I have included it as the second of the boxed additional passages on the lesson sheet.) ‘One is tempted by one’s own desire.’ It is not God or anyone else leading us astray. It is that part of my nature, that self focussed inner me that is at odds with God. It is this choice that lies at the heart of free will; a choice to go with God, to grow in his likeness, or to stay with self and the priorities of self.

Sometimes that can be a real struggle, as Paul recalls from his own experience in his letter to the Romans (I have included this as the first of the boxed additional passages on the lesson sheet)

So I find it to be a law that when I want to do what is good, evil lies close at hand. <sup>22</sup> For I delight in the law of God in my inmost self, <sup>23</sup> but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. <sup>24</sup> Wretched man that I am! Who will rescue me from this body of death? <sup>25</sup> Thanks be to God through Jesus Christ our Lord. *Rom 7:21-25*

We sometimes find ourselves in a very lonely place. But then I remind myself that the wilderness in our Gospel reading was a very lonely place. Frequently in the Bible the wilderness is a place of encounter; encounter between God and Moses, God and Elijah. Wilderness is also the place of Christ, the setting for his temptations but also the place to which he resorted for prayer.

The words that we translate as temptation and testing come at three crucial points in the Gospels. There is the temptation of Jesus in the wilderness. It also occurs in the accounts of Gethsemene as Jesus tells the disciples, ‘Pray that you may not into the time of trial; the spirit is indeed willing but the flesh is weak.’ *Matt 26:41* But it also features in the Lord’s Prayer:

‘And forgive us our sins,  
for we ourselves forgive everyone indebted to us.  
And do not bring us to the time of trial.’ *Luke 11:4*

Do not bring us to the time of trial. May I not get to the point at which my faith is tested to breaking point, the time at which I feel utterly helpless, utterly alone. That is what Jesus told the disciples to pray at Gethsemene, that is the timeless lesson he teaches in the words of the Lord’s Prayer. The prayer he leaves us directs us towards the answer, away from self and towards the one, who made us, who calls us, who comes to meet us.

Elijah fled to the desert. The noise of wind and clatter of rocks fed his fear and vulnerability, his sense of being alone and defenceless in the face of all the forces against him. It is in the still small voice he felt the power and presence of God and found the power to go out and resume the mission to which God had called him.

In that passage I quoted from Paul's letter to the Romans; it is even as he rails against his weakness in the face of temptation, as he asks who will save him from that body of sin and death, that he suddenly discovers that he is not alone.. The one who met him on the road as he headed for Damascus intent on persecuting the followers of Christ; the one who encountered disillusioned and frightened men fleeing Jerusalem, hopes shattered by the Cross. He is the one who is there for us, beside us as we grapple with the varied choices in our lives, inspiring us to faithfulness, ready to help us rebuild in our times of weakness and failure, leading us onward, upward into life.